Equinox Group

Equinox Ireland Summer Camps 2025
Language & Fun, Carlow

Week 1 - Subject to change

*Each class will have 3 hours of interaction time with local teens (buddies) per week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:30-11:00	Orientation & Class assignment	English class – Students placed according to levels				9am – 6pm **Full Day Excursion** Meeting at: **Askea Church** **Dublin Day Trip** - *City Centre Walking Tour* - *Phoenix Park* - *Grafton Street*		**FAMILY DAY** with your Host Family!
11:00-11:30	Break							
11:30-13:00	English class- Students placed according to levels							
13:00-14:00	Lunch time							
14:00-16:00/16:30	Afternoon Activities: Walking Tour of Carlow / Indoor Sports (Basketball, Dodge Ball, Hockey) / Half-Day Trip 2-6pm **Kayaking** / Cooking / Walk to Delta Centre Garden							
19:30-22:00	Wednesday Night Themed Disco *(every Wednesday)							

Carlow tourism · Marketing English in Ireland · Cambridge ESOL Exam Preparation Centre · County Carlow Chamber - Advancing business together · Erasmus+ · IFEG Irish Federation of Educational Guardians

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Week 2 - Subject to change

*Each class will have 3 hours of interaction time with local teens (buddies) per week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:30-11:00	English class – Students placed according to levels					**9am – 6pm** **Full Day Excursion** Meeting at: **Askea Church** **Navan Adventure Park** - Artery - Bubble Football - Laser Tag - Adventure Games	**FAMILY DAY** with your Host Family!
11:00-11:30	Break						
11:30-13:00	English class- Students placed according to levels						
13:00-14:00	Lunch time						
14:00-16:00/16:30	Afternoon Activities						
	Tik Tok Challenge	Half-Day Trip 2-6pm **Kilkenny**	Visit to Carlow Museum	Cinema	Bowling		
19:30-22:00	Wednesday Night Themed Disco *(every Wednesday)						

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Week 3 - Subject to change

*Each class will have 3 hours of interaction time with local teens (buddies) per week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:30-11:00	English class – Students placed according to levels					**9am – 6pm** **Full Day Excursion** Meeting at: **Askea Church** **Glendalough and Dundrum Shopping Centre**	**FAMILY DAY with your Host Family!**
11:00-11:30	Break						
11:30-13:00	English class- Students placed according to levels						
13:00-14:00	Lunch time						
14:00-16:00/16:30	Afternoon Activities						
	Irish Dancing	Outdoor GAA – Irish Sports	Half-Day Trip 2-6pm **Waterford Viking VR**	Indoor Sports Basketball etc	Certificates & Pizza		
19:30-22:00	Wednesday Night Themed Disco *(every Wednesday)						

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EQUINOX EDUCATION SERVICES

*Each class will have 3 hours of interaction time with local teens (buddies) per week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:30-11:00	English class – Students placed according to levels					9am – 6pm **Full Day Excursion** Meeting at: **Askea Church** **Dublin Day Trip** - *City Centre Walking Tour* - *Phoenix Park* - *Grafton Street*	**FAMILY DAY** with your Host Family!
11:00-11:30	Break						
11:30-13:00	English class- Students placed according to levels						
13:00-14:00	Lunch time						
14:00-16:00/16:30	Afternoon Activities: Guest Speaker / Delta Centre / Half-Day Trip 2-6pm **Kayaking** / Visit Carlow Museum / Bowling						
19:30-22:00	Wednesday Night Themed Disco *(every Wednesday)						