

A Typical Day

MON | WED | FRI

ENGLISH FOR THE FUTURE (COAST)

08.00 BREAKFAST

Students wake up independently and go to Eat Central to enjoy the breakfast buffet – staff will be on hand to help those with any special requirements.

08.45 STUDENT MEETING

Students are briefed on the plan for the day. This is a perfect chance for students to ask any questions or raise any concerns.

09.00 ENGLISH FOR THE FUTURE 1+2 (WITH A 15 MIN BREAK)

Students will learn and discuss global issues, as well as practise problem-solving skills. Towards the end of the week, they will be able to present their own TED Talk on a sustainability-related topic.

11.15 BREAK

11.30 FUTURE THINKING

Students will practise their debating and critical thinking skills.

12.30 LUNCH

Students independently make their way to lunch at Eat Central where they can enjoy a wide range of cuisines in a University setting.

13.30 PROJECT FOR THE FUTURE

Students will work towards developing a project on one of the 2030 Agenda Sustainable Development Goals for 1½ hours after lunch.

15.00 FREE TIME + ACTIVITIES

This is the ideal time for students to take full advantage of the campus facilities and beautiful surrounding area. Bede's will offer activities such as Stanmer Park nature walks or sports sessions.

18.00 DINNER

EFTF students have dinner on-site at Eat Central whilst Pathway students can choose to eat out in Brighton.

19.15 SOCIAL EVENTS + FREE TIME

Students take part in Karaoke, Quiz or Disco Nights which is the perfect time for them to mix and enjoy themselves with their new friends. Later, they can take time to relax in their bedrooms or communal areas of their flats.

22.30 BEDTIME